**Estimating Study Hours Based On Course Difficulty**

Rather than focusing on the general **two hours of study for every hour in class** method for determining your needed study hours per week, the Estimating Study Hours worksheet will help you determine study time based on course difficulty as well. In other words, you may have more background knowledge (experience) in anatomy than you do in microbiology. In classes that are more difficult for you, it is not unusual to spend three to four hours a day in study and fewer in the classes with which you are more familiar.

**Complete the Estimating My Weekly Study Hours Worksheet**

**Column 1**

Enter each of your semester course names

**Column 2**

Determine the difficulty (for you) of each course

|  |  |
| --- | --- |
| High Difficulty | 3 hours of study |
| Medium Difficulty | 2 hours of study |
| Low Difficulty | 1 hour of study |

**Column 3**

Enter the number of hours per week class meets for lecture

**Column 4**

Enter the number of hours study hours associated with high (3), medium (2), or low (1) difficulty

**Column 5**

**Multiply** the number of hours in class (Column 3) by the number of predicted study hours (Column 4)

**Then, add all the study hours in Column 5 for the approximate total hours you need to study per week**.

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Column 1**  Your semester course | **Column 2**  Level of Difficulty | **Column 3**  Hours of class each week | | **Column 4**  Study Hours based on difficulty (as determined above) | | | **Column 5**  Hours of study needed per week | |
| BSC 18X  Lecture | High Difficulty\* | 3 | **X** | | 3 hrs | = | | 9 hours/week |
| BSC 18X  Lab | Medium Difficulty\* | 2 | **X** | | 2 hrs | = | | 4 hours/week |
|  |  |  | **X** | |  | = | |  |
|  |  |  | **X** | |  | = | |  |
|  |  |  | **X** | |  | = | |  |

\*change these values as you see fit based on your experience and understanding of the material